



E-Connections with Healing Touch Canada, Inc.

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Did you know?

The Healing Touch Canada office will be on reduced summer hours for July and August. Emails & phone messages will be checked periodically during this time.

Being a class helper and repeating classes are great ways to revisit what you learned previously. Connect with the contacts listed on the website if you have questions regarding upcoming classes or would like to be a helper.

*We need more light about each other.
Light creates understanding,
understanding creates love, love creates
patience, & patience creates unity.*
Malcom X

Congratulations!

Congratulations go to:
Jeanne Leger Melanson, RN,
CHTP in Haute-Aboujagane, NB &
Jacqueline Victor, BSc, CHTP in
Dieppe, NB who recently became
Certified Healing Touch Practitioners

E-Connections Suggestions-6th Chakra

- How open-minded are you? Are you able to allow yourself or others to question? Try questioning the validity of your beliefs.
- Be open to being a perpetual student, i.e. have a beginner's mind!
- Find ways to easily connect with spirit, universal energy, the divine, however you name it.

Hello Everyone,

As we connect with the 6th or Brow Chakra this month we're focusing on our inner vision and ways to spread the light, resonating a vibration of unity from within. Each time we centre to 'do the work' we share it with others.

The following is based on an email from Ava Zaritzky, MSW, RSW, CHTP/I about offering HT during National Nursing Week in facilities in her community last month. Thank you Ava and team!

On May 12, 2016 Kathy Harris, MSW, RSW, CHTP, her mother Donna Harris (HT Level 1), Jennifer Sandercook, BA, (HT Level 3) and Ava Zaritzky had an opportunity to 'move the work forward' by offering HT at 2 different facilities in Collingwood, ON. The Collingwood General and Marine Hospital provided the use of a boardroom for them to offer mini sessions from 10:00 a.m. – 1:30 p.m. A table was set up with books and HT information as well as a comment book. Of the 7 recipients, some were from Labour & Delivery while others were administration personnel. Many said they felt rested and relaxed and happy with a total break from their busy day.



Next the team rushed to the Hospice Georgian Triangle (Campbell House) for 2:00 p.m. where they were joined by Shirley Fish (HT Level 1) and set up two treatment tables. Six people (mostly RNs & PSWs) received treatments before they finished at 4:00 p.m.

Hugs and thank yous were received from the Collingwood



Healing Beyond Borders
Educating and Certifying the Healing Touch™

**Healing Beyond Borders
20th Anniversary – 2016**

General Conference: October 6-9/16
early reg. discount until July 12th

Pre-Conferences: Oct 5-6/16

Instructor Trainings L1: Oct 3-5/16

L 2, 3, 4 or 5: Oct 5/16

Colorado Springs, CO

<http://healingbeyondborders.org/>

*There are two ways of
spreading light:
to be the candle or
the mirror that reflects it.*
Edith Wharton



HTAC members pay discounted HBB Membership fees & receive discounts on some HT classes.

Visit the website for membership details & other information.

www.htac-jm.org

**Next HTAC Conference
April 28-30, 2017 – Moncton, NB**

Start planning now to attend!

Past traumas, past hurts, past guilts, past perceptions of reality – especially those of childhood – past beliefs are all stored in the memory mechanism of our consciousness, and we are constantly superimposing them upon our awareness of the moment. If one persists in carrying around the stones of the past, one cannot begin to appreciate the opportunity of a new moment. The heavy, worthless stones of the past must be let go.
W Brugh Joy, MD – *Joy's Way*

General and Marine Hospital VP of Patient Services and CNE, Nora Holder and the Executive Director of Campbell House, Kelly Borg.

Ava expressed that she learned a few things around timing and planning and will be sure to build in Self-care for the practitioners next time.

Thank you to Jessica Smith, BSE, BA, RPT, HTI-P (Seattle, WA), who recently completed Level 5 in Nanaimo, BC, for sharing part of what HT has meant to her.

My Healing Touch journey really began when I received what was a very re-centering, filling and transformative therapy during a time of loss and sadness in my life when I was twenty. Right after that experience I began taking classes to learn more about what was happening with this invisible element - energy. As I learned more and more, I became more curious. I decided to take Levels 1-3 while I lived in Peru. A few years after that I took Level 4 though I didn't really have an intention to start a personal practice. During my year of Level 4 homework I was able to offer treatments to many people. It was a year dedicated to talking about energy with people and introducing them to this concept. It was also an incredibly personal, transformative year. I was on a journey of creating more fulfilling meaning with my life and intentional purpose in my activities, career and relationship.

Life is transformative in nature, and I have learned that what I have in the moment is to be cherished and appreciated for what I am able to learn from it, and then graciously letting it go to become something new again.

I am grateful for the mentors and friends who supported me immensely on this journey. In return, I am very happy and excited to support others on their journey. Nothing like holding hands and helping each other out in this life adventure and journey while we search for clarity, expansion and meaning from what comes about.

(Jess is in the process of getting her paperwork ready to submit for certification.)

From Angela Mattos, CHTP with input from Karen Stewart, HTI-P.

Karen will be posting on the HTC Facebook page.
https://www.facebook.com/pages/Healing-Touch-Canada-Inc/214233035258327?sk=timeline&ref=page_interna

To unsubscribe email HTCanada@healingtouchcanada.net
put UNSUBSCRIBE in subject line.