

HEALING BEYOND BORDERS BOOKLIST

Purpose: The booklist was compiled to support the Healing Beyond Borders Healing Touch students, apprentices and practitioners, as well as to provide information helpful in understanding the theories and principles behind the work of Healing Touch. The list does not include “all” relevant titles and other valuable books can be found in these categories. The following list is in alphabetical order by title.

Healing Touch Certificate Program Course Work

Esoteric Healing (Bailey)
Hands of Light (Brennan)
Healing Touch: Enhancing Life through Energy Therapy (Wardell, Anselme, Kagel 2014)
Joy’s Way (Joy)
White Shadow (Wardell)

Energy Medicine/Holism

Anatomy Coloring Book (Elson)
Biology of Belief (Lipton)
(The) Bond (McTaggart)
Chakras and their Archetypes (Wauters)
Creation of Health (Myss)
Creative Energies (Hover-Kramer)
Eastern Body, Western Mind (Judith)
Earthing (Ober)
Energy Anatomy (Myss)
(The) Energy Healing Experiments (Scwartz)
Energy Medicine: A Scientific Basis (Oschman)
Energy Medicine (Shealy)
(The) Four Fold Way (Arrien)
(The) Heart’s Code (Persall)
(The) Heart Speaks (Guarneri)
Holistic Nursing (Dossey)
Holistic Nursing Curriculum (Dossey)
Infinite Mind: Science of Human Consciousness (Hunt)
(The) Intention Experiment (McTaggart)
Invisible Helpers (Leadbeater)
Light Emerging (Brennan)
Mind Mastery Meditations: A Workbook for the “Infinite Mind” (Hunt)
Pendulum Power (Nielson/Polansky)
Power vs. Force (Hawkins)
(The) Power of the Mind to Heal (Borysenko)
Spiritual Alchemy: How to Transform Your Life (Page)
Spontaneous Healing of Belief (Braden)
(The) Subtle Body: An Encyclopedia For Your Energetic Anatomy (Dale)
Vibrational Medicine (Gerber)
Wheels of Life (Judith)
Wheels of Light (Bruyere)
Why People Don’t Heal (Myss)
Your Body Speaks Your Mind (Shapiro)

Ethics

Creating Right Relationships: A Practical Guide to Ethics in Energy Therapies (Hover-Kramer, 2009)
Beyond Religion: Ethics for a Whole World (Dalai Lama)
Ethics for the New Millennium (Dalai Lama)
(The) Ethics of Caring, Honoring the Web of Life in our Professional Healing (Taylor)

Ethics of Touch: The Hands-on-Practitioner's Guide to Creating a Professional, Safe and Enduring Practice (Benjamin and Sohnen-Moe)

Quantum Physics

Body Electric (Becker)
Dancing WuLi Masters (Zukav)
Divine Matrix (Braden)
Energy Medicine in Therapeutics and Human Performance (Oschman)
(The) Field (McTaggart)
(The) Holographic Universe (Talbot)
Molecules of Emotion (Pert)
(The) New Physics of Healing (Chopra)
Quantum Healing (Chopra)
Quantum Reality (Herbert)
Spiritual Anatomy of Emotion (Dossey/Micozzi)

Spiritual Development

Anatomy of the Spirit (Myss)
(The) Art of Spiritual Healing (Goldsmith)
(The) Book of Forgiveness: The Fourfold Path for Healing Ourselves and Our World (Tutu)
Care of the Soul (Moore)
(The) Chakras and the Human Energy Field (Karagulla/Kunz)
Dying to Be Me (Moorjani)
Extraordinary Healing Power of Ordinary Things (Dossey)
Fire in the Heart (Markides)
(The) Gift of Change: Spiritual Guidance for Living Your Best Life (Williamson)
Healing From the Heart (R. Graham)
(The) Healing Gifts of Spirit (Sanford)
(The) Healing Light (Sanford)
Homage to the Sun (Markides)
(The) Isaiah Effect (Braden)
Love and Survival (Ornish)
(The) Magus of Strovolos (Markides)
Mind Body Spirit Workbook (Page and Hagenbach)
Practicing the Presence (Goldsmith)
Return to the Sacred: Ancient Pathways to Spiritual Awakening (Ellerby)
Sacred Mirrors (Grey)
Seat of the Soul (Zukav)
Seven Spiritual Causes of Ill Health (Kroeger)
Spiritual Alchemy (Page)
(The) Spiritual Dimension of Therapeutic Touch (Kunz and Krieger)
Touching Peace (Thich Nhat Hahn)
(The) Untethered Soul (Singer)
Walking a Sacred Path (Artress)
When Fear Falls Away (Jan Friedman)
When Things Fall Apart: Hard Advice for Difficult Times (Chodron)
Wherever You Go There You Are (Kabat-Zinn)

Personal/Professional Development

(The) Anatomy of Peace (Arbinger Institute)
A Return to Love: Reflections of Principles of a "Course in Miracles" (Williamson)
A New Earth (Tolle)
Ageless Body, Timeless Mind (Chopra)
Body/Mind Workbook (Shapiro retitled Healing Mind, Healing Body)
Born to Serve: The Evolution of the Soul Through Service (Trout)
Business Mastery (Sohnen-Moe)

Change Your Thoughts, Change Your Life (Dyer)
Creating Affluence (Chopra)
Creative Imagery in Nursing (Shames)
(The) Energy of Money (Nehmeth)
Excuse Me Your Life is Waiting: Astonishing Power of Feelings (Grabhorn)
(The) Gift of Imperfection (Brown)
Heal Your Body (Hay)
Healers on Healing (Carlson)
Healing Back Pain: The Mind-Body Connection (Sarno)
Healing Touch: A Guidebook for Practitioners, 2nd ed. (Hover-Kramer, 2002)
Inspiration: Your Ultimate Calling (Dyer)
Invisible Heroes: Survivors of Trauma and How they Heal (Naparstek)
Leadership and Self-Deception (Arbinger Institute)
Love, Medicine and Miracles (Siegel)
(The) Medicine Woman's Guide to Being in Business for Yourself (Bridges)
Mentoring (Hang)
Nurse as a Healer (Keegan)
(The) Power of Intention (Dyer)
Principle Centered Leadership (Covey)
Real Happiness at Work: Meditations for Accomplishment, Achievement and Peace (Salzberg)
Right Rhythmic Living (Ethridge)
Rituals of Healing (Achterberg)
Serving Humanity (Bailey)
Spiritual Economics (Butterworth)
Wishcraft: How to Get What You Really Want (Sher)
Yes, I Will (Tovey)
You Can Heal Your Life (Hay)
Your Sixth Sense: Unlocking the Power of Your Intuition (Naparstek)

Journaling

Artist's Way (Cameron)
(The) Creative Journal (Capacchione)
Expressive Writing: Foundations of Practice (Adams)
Journal to the Self (Adams)
Journal to the Soul (Offner)
Life's Companion Journal (Baldwin)
Nurses Meditative Journal (Kahn)
(The) Power of Your Other Hand (Capacchione)
(The) Right to Write: An Invitation and Initiation into Writing Life (Cameron)
Scribing the Soul (Adams)
Storycatcher (Baldwin)
(The) Well Being Journal (Capacchione)
(The) Write Way to Wellness (Adams)
Visual Journaling (Ganim/Fox)
Writing Down the Bones (Goldberg)

Revised Mary Jane Aswegan RN, CHTP/I 2014 Education Committee for Healing Beyond Borders